

**st John  
of God** 

**Intellectual  
Disability Services**

**Liffey New Directions  
Newsletter  
November 2023**



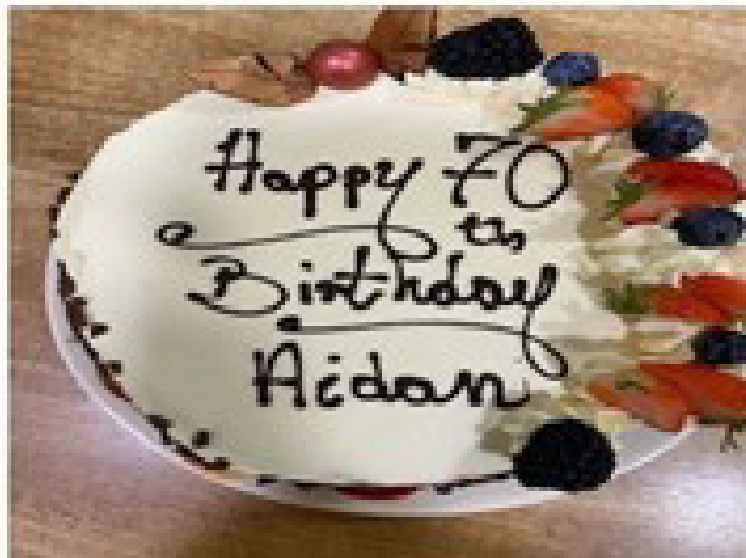
**Sharing Liffey  
Services Good News!**

Welcome to the November 2023 New Directions Newsletter which explores the topic 'Support for Having Meaningful Roles'. We all have many different roles in our lives, roles that are meaningful, roles whereby if we did not show up then we would be missed and people would question why we are not where we said we would be. My roles include being a mother, a daughter, a cousin, a friend, a gym member, a customer, an employee, an advocate, a committee member and a Godmother to name but a few.



What are some of your roles? Valued roles are the key to the good things in life for for everyone. When we have work, civic, community, relationship and recreational roles we have the opportunity to meet people, develop our skills and project a positive image of ourselves onto others.

# Happy Birthday



**There was a big birthday celebrated in Re Nua Day Service in Celbridge recently. Happy 70th Birthday to Aidan, we hope you had a wonderful day and enjoyed that gorgeous cake.**

# Rowendale Wall Display



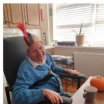
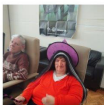
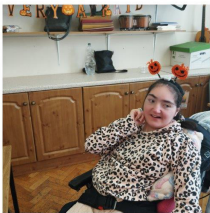
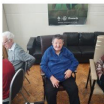
**Thank you to the staff and Men and Women who attend Rowendale in Celbridge for the pictures of the New Directions Wall Display.**





# Uaisle Day Service

**Uaisle celebrated Halloween in style with a costume party and pumpkin carving. Looks like great fun was had!**





Liffey Voices held their Self Advocacy meeting in Celbridge on 16th November and thank you to everyone who joined in person and online. Being a self advocate is an important role.

Self-advocacy is important for me as an adult with an intellectual disability. It allows me to express my needs, be independent, and protect my rights. I can make choices, be part of my community, and feel strong and confident. Self-advocacy helps us have a better life and be respected. You can watch the update from the Liffey Voices on the link below or by scanning the QR Code.



Patrick

Liffey Voices November 2023

0:11



<https://vimeo.com/886880209?>



# Liffey Voices Meeting

Thursday 14th December 2023  
10am – 11:30pm



Resource Centre, St Raphaels, Celbridge

Please email: [liffeyvoices@sjog.ie](mailto:liffeyvoices@sjog.ie) if you can come

We will also be hosting this meeting on zoom if you can't make it to Celbridge .



Meeting ID 474389762  
Password 054429



Scan Here to join Zoom

# Ash Tree and Green Gables Drama Group

Some of the Men and Women, along with their fabulous drama teacher Michelle, attended a show at Tallaght Civic Theatre recently.

Michelle has been working with a gang who attend Ash Tree and Green Gables for almost a year and is one of the best drama teachers we know. She certainly invests in her students having valued social roles, being identified as young actors and actresses in the making.







# Local Council Engagment

Avila Day Service in Tallaght were delighted to be asked by the South Dublin County Council to support their workshop on the new identity for Chamber Square in Tallaght.



Keith Whelan, Jenny Malone along with support staff Phil Seville took up important role in this stakeholder workshop.







# Maple Walk Day Service

The Men and Women and staff in Maple Walk had a fantastic day celebrating Halloween with a fancy dress party and cat walk show. The group spent a lot of time in advance making decorations and planning out the whole event. The pictures speak volumes of the massive effort made by all involved to dress up. Well Done and thank you to staff member Jacinta Leigh for getting in touch.





# Las Grenadas Multicultural Day



On 8th Nov, Las Grenadas Day Service held a Multicultural Day to celebrate their Diversity and try some traditional cuisine. Our heritage is a massive part of the different social roles we have and I feel this event ties in nicely with this month's New Directions topic. Many dishes, cakes and drinks from India, Ireland, Nigeria, the Phillipines, Italy, Ukraine, Poland and Austria were made and sampled on the day. There was plenty of music, fun and laughter and many hidden talents were discovered on the day with a few Master Chefs within the SJOG community.





# Re Nua Day Service

The gang from Re Nua have been very busy on their recent road trips across the County collecting blackberries from hedges. They made beautiful blackberry jam with all that was gathered. From the photos it looks absolutely delicious, great job everyone.





# Liffey Region School Leaver Event



**Last month, SJOG Liffey Day Services representatives attended a School Leavers event hosted by the HSE in Tallaght Library. This created an opportunity to meet with families and school leavers who could potentially be attending our Day Services in the near future. Sending thanks to Aine and Amy, as well as a special thanks to Michaela, Kehinde and Jason who were fantastic speaking to families on the night and demonstrating what we have to offer.**

# The Lord Mayor



**Daithi De Roiste, The Lord Mayor of Dublin recently visited Ballyfermot Resource Centre where Uaisle are based. He popped in to see what facilities the centre has to offer and chatted at length with the Men and Women.**



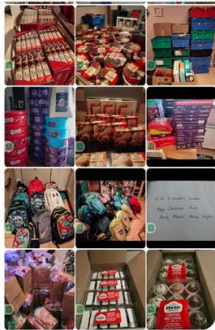
**REMINDER: ANY DONATIONS FOR LUCAN HOMELESSNESS GRATEFULLY ACCEPTED BETWEEN 15TH SEPTEMBER AND FRIDAY 15TH DECEMBER IN AVOCA DAY SERVICE St Raphaels Campus, Celbridge AND WILL BE DONATED IN TIME FOR CHRISTMAS.**



←  LUCAN Homeless Dona...  
Business chat

 Donations needed

- Wipes
- Roll on deodorant (NO SPRAY)
- Shampoo
- conditioner
- Shower gel
- Toothpaste
- Toothbrushes



**PLEASE NO RAZORS  
NO SPRAY DEODRANTS  
NO MOUTHWASH  
NO SANITIZER**

- Tubs of sweets
- Selection boxes
- Biscuit boxes

**PLEASE CONTACT  
Siobhan.Fleming@sjog.ie for any further  
information.  
Thank You!**



Please continue to send in your good news stories and Christmas Party events to;  
[Donna.hughes@sjog.ie](mailto:Donna.hughes@sjog.ie)

