

SJOG Liffey Services New Directions

Newsletter

March 2023

HELLO SPRING



Hello Everyone and welcome to the March 2023 edition of the New Directions newsletter, I hope everyone is enjoying the longer days and brighter skies. This month, the newsletter will focus on the support ‘Inclusion in One’s Local Community’ and as always, my aim is to portray the above support in the shared success stories. This is to demonstrate how New Directions is being exercised or provided across Day Services. Read on to see how people are being supported to live good lives, be active citizens in their community and improve their overall quality of life.

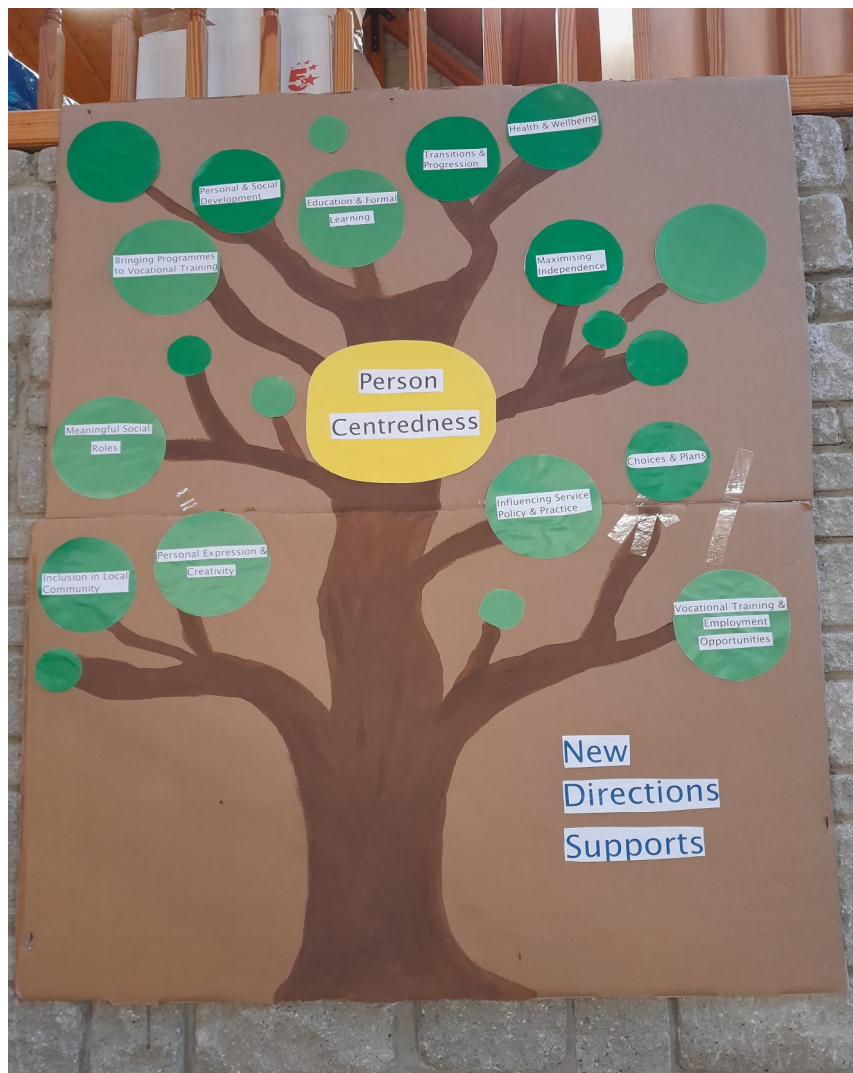
New Directions 12 Supports

New Directions sets out twelve supports that should be readily available to people who are attending Day Services. Please see the Supports below:

- ⇒ **Making Choices and Plans**
- ⇒ **Making Transitions and Progression**
- ⇒ **Inclusion in One's Local Community (This Month's Topic)**
- ⇒ **Education and Formal Learning**
- ⇒ **Maximising Independence**
- ⇒ **Personal and Social Development**
- ⇒ **Health and Wellbeing**
- ⇒ **Bridging Programmes to Vocational Training**
- ⇒ **Vocational Training and Employment Opportunities**
- ⇒ **Personal Expression and Creativity**
- ⇒ **Meaningful Social Roles**
- ⇒ **Influencing Service Policy and Practice**

New Directions Displays

Earlier this year, I set a task for a wall display in your Day Service, for those who wished to get creative. Thank you so much for coming back to me to share your ideas around the New Directions supports! This month I have two Day Service creations to share; the first is the wall display in Crossroads Day Service in Celbridge.



Wonderful work, I adore the beautiful tree and how all the branches reach out into different directions and mention the 12 supports. WELL DONE ALL!

ICE Day Service, Maynooth



The gang in ICE created a brilliant piece for their New Directions wall display and this was made from recycled objects. The staff and Men and Women used old CDs to list the supports and also had a visual collage in the centre which was a reflection of all the activities on their current timetable. I am blown away by the creativeness and think they have done a fantastic job. GO TEAM!



HORIZONS Day Service, Celbridge



On Friday 10th March, staff and the men and women from Horizons, along with one of the gentlemen from Glencommeragh raised €383.31 for Focus Ireland. Hans and the band aka The Celbridge City Ramblers performed outside the local church to support Focus Ireland's vital work in helping families and children exit homelessness. The band is made up of staff and service users from Kildare Day Services and they had been practicing hard in the run up to this event. A huge congratulations and well done to all involved, Horizons are amazing at 'giving back' to the community and are always working on a new initiative which is so inspiring to see. Keep up the good work gang!



Avila Day Service



On March 2nd, Avila Day Service attended the Irish Rugby Open Training session at the Aviva Stadium in Dublin. The Men and Woman certainly brought the luck of the Irish as the boys in green went on to beat England and secure the Grand Slam on home soil.



Staff and the Men and Women received IRFU flags and cheered on the players from the side lines along with other members of the public, it was a wonderful day. The staff from Avila wish to extend their thanks for the Aviva Stadium for providing assistance and looking after the group so well.



Liffey View, Islandbridge

On February 24th, Jane and Aisling from Liffey View Day Service in Islandbridge attended Lord of the Dance live in the Board Gais Energy Theatre. Both ladies were supported in choosing the date, booking tickets, saving money for tickets, purchasing and attending the show.

We hear that Jane Loves music with beats so the sound of the hard shoes in the dance made her so happy. Aisling loves Irish dancing and good looking men (LOL) so this show was right up her street, a girl after my own heart.





Ash Tree Day Service



My
colleagues
are a great
support
system

A huge congrats to Shane from Ash Tree Day Service on his 6 weeks of work experience in Circle K, Clondakin. Shane gained new relationships and amazing independence in his new role. He performed tasks on his own, was able to travel to work independently after a couple of weeks. He built a great working relationship with other staff members. Well done Shane and thanks to Circle K for supporting Shane in his integration into the workforce

**Anything
is possible**

Crossroads Day Service

Michael Cronin's Work of Art.
Michael requested through his keyworker that we display his incredible work of art ahead of St Patrick's Day.
Michael attends Crossroads Day Service. Well done and thank you for getting touch to submit your art!!!





If you have a good news story for me then please link in with a staff member and request that they send it onto me at;

Donna.hughes@sjog.ie

I will do my very best to get in touch as soon as possible.

Also, please keep your wonderful wall displays coming in and I can feature your Day Service in my next newsletter.

Don't forget to tune
into my Online Engage
Sessions the first
Thursday of every
month!

Thank You

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Saint John of God Community Services
Liffey Services

Hospitality ~ Compassion ~ Respect