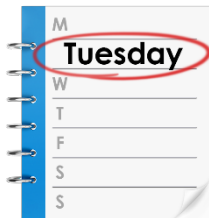




World Mental Health Week takes place the 10<sup>th</sup> – 14<sup>th</sup> of October.



St John of God's have organised different events and classes for each day this week.



Tuesday is about engagement.

Engagement means activities that you really enjoy doing, and things you are really good at doing.



There will be a Singalong Concert on Tuesday.



Two bands will be singing with lots of instruments.



Everyone is welcome to come along.



The concert is on in the Church in Celbridge.



The concert will start at 1pm.



The concert will be 2 hours long.



Tea and coffee will be available.



You can book a ticket for this concert on Eventbrite.



If you have any questions, you can ask Mark Holland.

His email is [mark.holland@sjog.ie](mailto:mark.holland@sjog.ie)