

Shopping List

Today we are making overnight oats.

There are different types of overnight oats you can make.



To make overnight oats, you will need some ingredients.



You will need jumbo oats.



You will need milk.



You can use your favourite fruit, like berries, or apples.



You can use nuts, like almonds or pecans.



You can use seeds, like chia or pumpkin seeds.



You can add honey or maple syrup to make them sweet.



Look at the recipe to help you to make the overnight oats.

