

## WORLD MENTAL HEALTH WEEK: ART MURAL

Set your mind free! Using colours, shapes or pictures draw something that makes you Happy and Smile! Work in groups or on your own to come up with a design that makes you feel happy! Enter your design and come along to the Art Mural Day on 11th October 2022.

**Event: Design your Art Mural** 

Send it to: cathy.hayes@sjog.ie

Design Deadline: 30.9.2022

**Date of Art Mural: 11.10.2022** 

**Time Slots:** 

10:30 - 11:30,

11:30 - 12:30,

12:30 - 1:30

**Location: Quadrangle St. Raphael's** 





