

GUIDED MEDIATION

Guided meditation led by Margaret Mulcaire (Healthcare Chaplain: 087 9980274) will take place on Monday 10th of October 2022. Two sessions will take place in Islandbridge and two in St Raphaels, Celbridge

MORNING SESSIONS:

Venue: The Oratory, Islandbridge

Time: 10.15 to 11am and 11.15 to 12 noon

AFTERNOON SESSIONS:

Venue: The Chapel, Celbridge

Time: 1.30 to 2.15 and 2.30 to 3.15





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Please note only 15 people per session