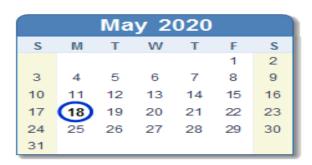
What is changing on May 18th?



Monday, May 18th 2020

The government and Leo Varadkar are changing some of the restrictions on May 18th.



It is important that we still wash our hands and stay at home as much as we can.

If you are over 70 years old, you need to be extra careful.



Staff still need to wear masks when they are close to you.



We can still go for a drive for 5km or further if we have a letter.





We can go for a walk in groups of four people, we still need to stay 2meters apart from people we don't live with. All funerals must be kept small, only ten people from their family can go. We can visit graves when other people are not around. Some medical appointments that you missed will be re-scheduled, waiting lists will be long. This could mean that you will have appointments over the phone or on a video-call with the doctor if we cannot go into the doctors or hospital. Staff will help you if you have an appointment. People who work outside like gardeners and builders will be able to go back to work, they have to keep 2 meters apart. Some shops are allowed to re-open like hardware shops, garden centres, car and bike repair shops and the opticians. Some walking tracks, beaches, tennis courts and woods will be open again, these will be busy so we can only go if we can safely stay 2 meters

away from other people.

The best thing we can do is:

- 1. Only leave the house when we need to
- 2. Don't visit busy places
- 3. Wash our hands
- 4. Keep up social distancing by staying 2 meters away from people.





You are doing a great job at staying safe, keep up the good work!



