



SEED SCHOLARS

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Growing Together with SEED SCHOLARS

Session 4: Regrowing Store-Bought Food -- Basil and Mint

Wild Plant Spotlight: Hawthorn and Ivy

Follow-Up Resource Links

Topic	Link	Notes
Basil Recipes	https://www.myrecipes.com/recipe/pasta-tomato-basil-sauce	One pot pasta with tomato-basil sauce video recipe
	https://www.simplyrecipes.com/recipes/fresh_basil_pesto/	Basil pesto recipe video tutorial
Mint Recipes	https://cookieandkate.com/how-to-make-tzatziki/	Tzatziki yogurt mint dip video
	https://www.epicurious.com/recipes/food/views/moroccan-mint-tea-238428	Moroccan Mint Tea recipe
How to Re-grow Basil	https://www.youtube.com/watch?v=Rg1336sO4Uc	Video tutorial
How to Re-grow Mint	https://www.youtube.com/watch?v=7BCYg7Li-gU	Video tutorial
All About Ivy	https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/plants/wild-flowers/ivy/	Fun facts about ivy

<p>All About Hawthorn</p>	<p>https://irelandswildlife.com/hawthorn-crataegus-monogyna/</p> <p>http://www.wildflowersofireland.net/plant_detail.php?id_flower=116&wildflower=Hawthorn</p> <p>https://www.permaculture.co.uk/articles/many-benefits-hawthorn</p>	<p>Fun facts about Hawthorn trees</p>
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Re-growing mint and basil on May 25, 2020 with Seed Scholars.



Seed Scholars is a garden and nature-based education program, aiming to engage learners in sustainability and climate action through experiential environmental education.