



SEED SCHOLARS

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Growing Together with SEED SCHOLARS

Session 2: Regrowing Store-Bought Food -- Leeks and Celery

Follow-Up Resource Links

Topic	Link	Notes
Leek Recipes	https://www.bbcgoodfood.com/recipes/leek-potato-bacon-bake	Once the leeks have grown, here's some ideas for what to cook with them!
	https://www.bbcgoodfood.com/recipes/leek-potato-soup	
Celery Recipes	https://www.epicurious.com/recipes/food/views/green-apple-and-celery-salad-with-walnuts-and-mustard-vinaigrette-233139	Once the celery has grown, here's some ideas for what to cook with them!
	http://www.dayslikelaura.com/eat/celery-spring-onion-hummus/	
How to Re-grow Celery	https://www.allrecipes.com/article/regrow-celery-from-scrap/	Article with images
	https://www.youtube.com/watch?v=8D-hH_H8A9o&pbjreload=10	Video explanation
How to Re-grow Leeks	https://www.youtube.com/watch?v=ywYBm2_a67M	Video explanation
All About Daisies	https://www.wildlifetrusts.org/wildlife-explorer/wildflowers/common-daisy	

	http://www.wildflowersofireland.net/plant_detail.php?id_flower=84&wildflower=Daisy,%20Oxeye	
All About Dandelions	https://www.wildlifetrusts.org/wildlife-explorer/wildflowers/common-dandelion http://www.wildflowersofireland.net/plant_detail.php?id_flower=86#glos	
All About Bluebells	https://www.wildlifetrusts.org/where_to_see_bluebells http://www.wildflowersofireland.net/plant_detail.php?id_flower=31#glos	
GIY how-to videos	https://giy.ie/growcookeat/	Irish-based website and TV channel with gardening advice
How to re-grow from store-bought plants video	https://www.youtube.com/watch?v=ZJuXpiEjdcc	Very clear run-through of different methods for re-growing 14 different plants
Growing seeds from store-bought food	https://www.networx.com/article/growing-a-garden-from-the-grocery-store	How-to for which seeds to choose and how to grow them
Seed Savers Guides	https://www.seedambassadors.org/docs/seedzine4handout.pdf http://203.64.245.61/web_docs/manuals/save-your-own-veg-seed.p	



Seed Scholars is a garden and nature-based education program, aiming to engage learners in sustainability and climate action through experiential environmental education.



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	<p>df</p> <p>http://howtosaveseeds.com/seedsavingdetails.php</p> <p>http://howtosaveseeds.com/store.php</p> <p>https://web.extension.illinois.edu/hortihints/0008c.html</p>	
Seed Saving Quick Tips	<p>https://www.thespruce.com/seed-saving-tips-1402414</p>	Very clear explanation of how seed saving works with recommendations



Re-growing leeks and celery