



SEED SCHOLARS

www.seedscholars.com
seed.scholars.info@gmail.com



Growing Together with SEED SCHOLARS

Session 1: Regrowing Store-Bought Food -- Green Onions

Follow-Up Resource Links

Topic	Link	Notes
Green Onion Recipes:	Mushroom and Green Onions: https://www.foodandwine.com/recipes/mushroom-and-green-onion-stir-fry	Once the onions have grown, here's some ideas for what to cook with them!
	32 Ways to Use Green Onions: https://www.tasteofhome.com/collecti on/green-onion-recipe/	
	Potatoes and Green Onions: https://www.food.com/recipe/green-onion-potatoes-18496	
GIY how-to videos	https://giy.ie/growcookeat/	Irish-based website and TV channel with gardening advice
Re-growing green onions in water	https://www.allrecipes.com/article/save-money-diy-fresh-green-onions/	
Re-growing green onions in soil	https://www.thespruce.com/how-to-regrow-your-groceries-1388684	
How to re-grow from store-bought plants video	https://www.youtube.com/watch?v=ZJuXpiEjdcc	Very clear run-through of different methods for re-growing 14 different plants

Growing seeds from store-bought food	https://www.networx.com/article/growing-a-garden-from-the-grocery-store	How-to for which seeds to choose and how to grow them
Starting seeds from a store-bought tomato	https://www.ehow.com/way_5765205_can-tomatoes-store-bought-tomatoes_.html	Step-by-step guide to saving and re-growing tomato seeds from a store-bought tomato
Seed Savers Guides	https://www.seedambassadors.org/docs/seedzine4handout.pdf http://203.64.245.61/web_docs/manuals/save-your-own-veg-seed.pdf http://howtosaveseeds.com/seedsavingdetails.php http://howtosaveseeds.com/store.php https://web.extension.illinois.edu/hortihints/0008c.html	
Seed Saving Quick Tips	https://www.thespruce.com/seed-saving-tips-1402414	Very clear explanation of how seed saving works with recommendations



Seed Scholars is a garden and nature-based education program, aiming to engage learners in sustainability and climate action through experiential environmental education.